Informed Consent and Massage Policies

I understand that the massage I will be receiving here is for the purposes of stress reduction, relief from muscular tension or spasm. I understand that the massage therapist does not diagnose illness, disease, or any further physical or mental disorders. As such, the massage therapist does not prescribe medical treatment or pharmaceuticals, nor do they perform spinal manipulations. I understand that the massage is not a substitute for medical treatment or diagnoses and that it is recommended that I see a physician for any physical ailments that I may have.

I acknowledge that the information I have provided on this form is correct and current to the best of my knowledge. I understand that it is my responsibility to inform the massage therapist of any changes to this information. I understand that if I experience any unusual discomfort and/or pain during my massage session it is my responsibility to inform the massage therapist so that they can adjust the pressure or technique being used.

I acknowledge that the cancellation policy has been explained to me and that I have forty-eight hours before my appointment to cancel without an assessed charge. If I have to cancel my appointment and it is not within forty-eight hours of my appointment time, I understand that I will be assessed a charge for $35.00.

I acknowledge that I am responsible to show up for my appointment on time and that the massage therapist is not under obligation to extend the therapy session. I also agree that I am responsible to pay for the full time I have booked with the massage therapist if I am late.

Privacy Policy – All written records and massage sessions are kept strictly confidential and will not be shared with any outside establishment, individuals, organizations, or medical facilities without explicit written consent from the client (you) or the client's legal guardian. Unless legally required by local, state, or federal subpoena, summons or other court order.

Client Signature	Date	Massage Therapist Signature	Date